

Davis Technical College

Use of Fitness Center Policy and Procedures

Effective Date: 10 July 2023
Administrative Policy

1. Purpose

To provide guidance regarding the use of the Fitness Center on the campus of the Davis Technical College (College).

2. General Information for Use of Fitness Center

2.1. The Fitness Center (the exercise room, the racquetball room, and the locker and shower rooms), is normally open during the same hours that the College is open, plus Saturdays and Sundays for those people authorized to access the building on those days).

2.2. The Fitness Center is accessible to current, regular employees, those individuals performing approved services for the College, tenants in the Entrepreneurship Center, and their signed guests (in the attendance of the authorized individual) any time the College is open, as long as it is on the authorized individual's own time and not during their paid working hours. Employees who have been approved for exercise release time may use the facilities during paid time as defined in the Exercise and Health Activity policy.

2.3. The doors to the Fitness Center are always locked and closed, including during usage. Access to the Fitness Center is gained by electronic ID badges issued to authorized individuals who have signed the Fitness Center waiver form. The ID badges are to only be used by the person to whom they are assigned.

2.4. No students, including Federal Work Study employees, are allowed in the Fitness Center. To have access to the Fitness Center, an individual must complete the waiver form. Guests of authorized individuals must also have signed the waiver form and must be accompanied by an authorized individual who has signed the waiver form. Forms are available electronically, and must be submitted to the HR Office for approval. Approved access will be for the current fiscal year, and a new form must be submitted each subsequent year for renewal.

2.5. The Fitness Center is open to individuals over eighteen years of age only. Any person granting access to the Fitness Center to anyone under the age of eighteen, or to any person not in attendance by the authorized individual, or to any person who has not signed the waiver, will lose all future privileges to usage of the Fitness Center and will have their access revoked.

2.6. Those who use the Fitness Center assume all risks associated with their use of the equipment, room, or any physical activities during usage of the Fitness Center. There is no staff provided to monitor the use of equipment or to render medical first aid in case of an emergency situation.

2.6.1. Users of the Fitness Center are responsible for cleaning the equipment after their usage. Disinfectant cleaning supplies are provided and must be used to clean the equipment after use.

2.6.2. The campus Facilities Services Department will provide general housekeeping and maintenance of the Fitness Center facilities. Any equipment that becomes worn out or damaged should be reported to the Facilities Services Department in order to maintain these in a safe operating manner.

2.7. Usage of the Fitness Center is first come, first served basis. This includes the racquetball room. However, there is a sign-up method for reserving a time in the racquetball court. If you sign up for a specific time, you will be considered to have usage at that time. If you do not show up within ten minutes of the signed-up time, you will lose your time to the next person wanting to use the room.

2.8. Please use the Fitness Center at the courtesy of others. This includes loudness of music, timeliness of activities, etc. During the hours of class time, extra caution is advised for consideration of students in adjoining classrooms.

3. Rules Relative to Keys, Facilities Use, and Enforcement Policies

3.1. If a badge is lost or stolen, the person assigned the badge shall immediately report it to the Security department. The person may be responsible for replacement according to the College badge replacement policy.

Usage of the Fitness Center may be terminated involuntarily for violation of the Fitness Center's rules and policies, for termination of employment, or when an individual is no longer a tenant of the Entrepreneurship Station.

3.2. These policies and rules are subject to change at any time, with or without notice to the users of the Fitness Center.

4. Approval and Notes

Revised Expanded President's Council Approval: 10 July 2023

Revised President's Council Approval: 8 June 2015

Revised President's Council Approval: 26 September 2006

President's Council Approval: 29 November 2005



DAVISTECH

DAVIS TECHNICAL COLLEGE

Fitness Center Application and Waiver Form

Davis Technical College

I, the undersigned, being at least eighteen years of age, and in consideration for the privilege of utilizing the equipment and activities provided at the Davis Technical College (College) Fitness Center (the exercise room, the racquetball room, and the locker and shower rooms), hereinafter known as the Fitness Center, recognize that there are certain inherent risks associated with the use of exercise equipment and/or participation in fitness, physical activities, or physical workout programs. I further understand that use of the Fitness Center is on my own time or that I only utilize the Center during paid time if authorized by an approved Exercise and Health Activity form, that my guests cannot utilize the Fitness Center without my attendance, that I cannot release my key to anyone, and doing so will lose my privileges to use of the Fitness Center.

I certify that I have read or reviewed all of the material attached to this form including, but not limited to, the rules and policies governing the use of the Fitness Center. I understand that if I decline to sign this waiver, I lose my privileges to use the Fitness Center.

I agree to abide by the Fitness Center rules, policies, and procedures, and any future modifications or additions to the rules, policies, or procedures. I recognize that failure to follow these rules, policies, and procedures can result in revocation of the privilege to use the equipment or to participate in the activities conducted at the Fitness Center. I certify that I have read the Use of Fitness Center Policy and Procedures and agree that I use the Fitness Center at my own risk and release the College from any liabilities that may result from injuries during use of the Fitness Center. I represent that to the best of my knowledge I am free from any known heart or other serious health problem that would prevent me from participating in the physical activities that I may participate in by my use of the Fitness Center.

I know and understand that the Fitness Center is an "unsupervised" facility, meaning that there is no one on hand to observe, regulate or aid the members or their activities. I recognize that my use of the equipment and participating in any activities which occur in the Fitness Center, are fully voluntary on my part. I assume all risk for my behavior, or any injuries occurring as a result of my participation in any activities occurring in the Fitness Center. I also assume full responsibility of any guests and assure that they sign a copy of this waiver before use of the Fitness Center.

I agree to release, acquit and forever discharge the College, its agencies, departments, officers, employees, volunteers, or agents, or any other entity or person who may otherwise be liable for any liability, claims, demands, actions, and causes of actions whatsoever for any loss, claim, injury, illness, or harm of any kind or nature occurring to me or my signed guests arising out of participation in activities at the Fitness Center.

I further hold harmless, indemnify and release the above mentioned entities and persons from all liability, negligence or breach of warranty associated with injuries or damages and from any claim by me, my family, estate, heirs, or assigns arising from or in any way connected with activities associated with the Fitness Center.

In witness hereof, I do set my hand and confirm this waiver and release on this ____ day of _____ (month), 20____(year).

Name (please print) _____ Signature: _____

Please Mark One: _____ Employee
_____ Guest (list the name of the employee that is hosting your usage or activities below)
_____ Tenant in Entrepreneurship Center

Employee Name: _____ Department _____
Address: _____ City: _____ Zip Code: _____

Home/Cell Phone: _____ Work Phone: _____
Emergency Contact: _____ Phone Number: _____